PRAYER ACTIVITY

Glow Stick Prayers

Equipment

Glow Sticks

Set up

Be able to make the room dark enough to see a little glow stick or a darker corner/tent.

If making a solo prayer activity in tent, make sure there is a lamp or torch to read the instructions.

Instructions

Halloween can be a bit scary, the shops are full of creatures and costumes that are designed to be creepy, scary and dark.

But light always chases away darkness. You can't hide light in a dark room!

Jesus said in John 8 v 12 "I am the light of the world''.

Take an unlit glow stick, hold it in your hand, think about something you don't want to be scared of anymore.

When you're ready think about that bible verse, I AM THE LIGHT OF THE WORLD, and crack the glow stick so it shines bright.

Keep the glow stick to remind you that Jesus is the light of world, with him there is only light not dark.